



# PREPARING FOR YOUR SURGERY



[www.trinitysurgicalcare.com](http://www.trinitysurgicalcare.com)



(408) 620-1532

# WELCOME TO TRINITY SURGERY CENTER

Trinity Surgery Center thanks you for allowing our experienced staff to play a pivotal role in your road to recovery.

Trinity Surgery Center, located in the heart of Silicon Valley, is a modern, easy-to-access, state-of-the-art outpatient surgical facility offering stellar outcomes in a safe and clean environment.

We deliver gold-standard specialty and general surgical solutions to all patients, with special expertise in minimally-invasive pain, spine, and orthopedic care.

We are distinguished in our ability to offer patients and their families a more efficient, affordable, comfortable, and private setting than what is typically provided at comparable ambulatory facilities or at traditional hospitals.

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*Rest assured that all of your questions will be answered prior to leaving the Center.*

## PREPARING FOR YOUR SURGERY

### **We'll do our part! Here's your part:**

- Please be advised that your surgery time is an estimate. Due to the individualized care we provide to each patient, schedules can run longer than anticipated. However, we work diligently to make sure our procedures run on time, as a courtesy to everyone.
- Do not eat or drink anything, including water or gum, after midnight the night before your procedure unless otherwise instructed. If you take medications, please discuss how to take them prior to your day of surgery with your provider or the Surgery Center.
- Arrange for an adult to take you home after you have been discharged from the Center. You may not go home in a taxi, Uber, Lyft or any other "taxi type" service unless you are accompanied by an adult.
- Arrange for care by a responsible adult the first 24 hours after your procedure. You will be given "take home instructions" for you to follow once you arrive home.
- If you have any questions about what to expect on the day of your surgery, please feel free to ask.



## DAY OF SURGERY

- Bring your insurance card and ID.
- Bring reports of recent lab studies, EKGs, or relevant imaging (including films or CDs).
- Leave all jewelry, valuables, hair attachments at home and remove all make-up prior to arriving for your scheduled surgery.
- Wear loose, comfortable clothing. Please make sure to wear tops that have zippers or buttons, in the event that it is necessary to wear bandages or surgical garments following your procedure.
- Glasses, contacts lenses, dentures or any dental work that is removable are permitted. However, please bring along cases so that they can be removed and properly stored while you are having your procedure.

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*Our patients return because of our hospitality and compassionate care.*







## POST PROCEDURE

- You will rest in our recovery room between 5-30 minutes for observation and be discharged once you meet discharge criteria.
- It is common to feel drowsy for several hours after your procedure.
- Depending on your procedure, it is common to have increased pain 1-3 days after the procedure. We recommend using ice-packs every 20 minutes for the first 48 hours.
- Have a responsible adult drive you home and stay with you for the first 24 hours.
- Keep bandages dry and follow all directions that your provider has given you.
- A nurse from Trinity Surgery Center will call you the next morning to check on you and go over any questions or concerns you may have.
- If you experience any type of emergency, please go to the nearest emergency room and contact your provider.



## BILLING & INSURANCE

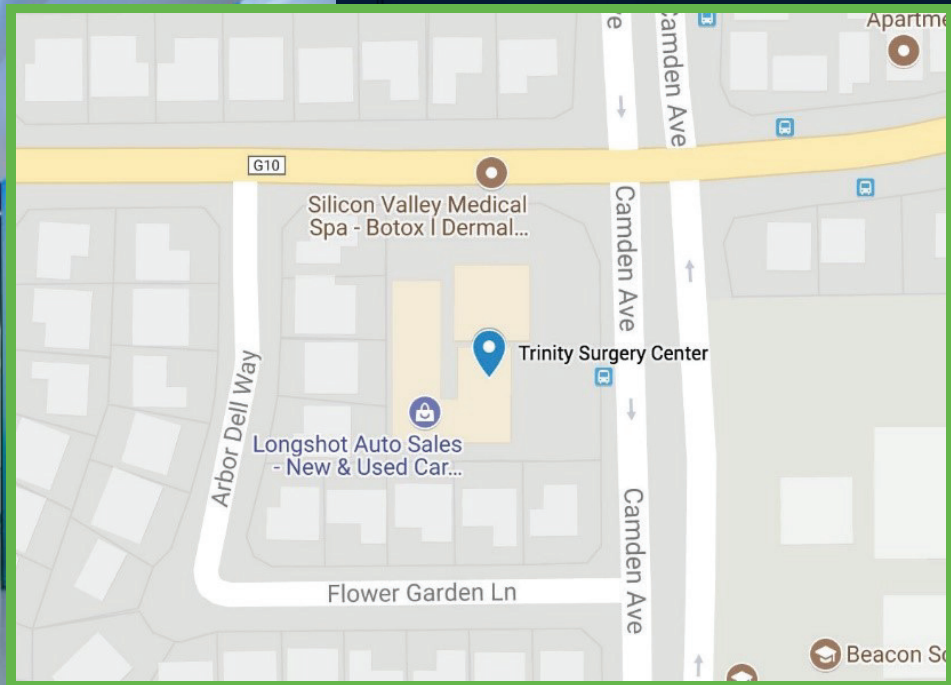
Representatives from Trinity Surgery Center will contact you to discuss payment options, insurance coverage, deductibles and any cash payments due at the time of service. We accept most insurance plans, including Workers Compensation, Medicare and Liens. For your convenience, we accept checks, cash, and most credit cards.

Should you have any questions pertaining to billing or benefits, please contact your insurance company or call our business office.



## LOCATION

Trinity Surgery Center  
1610 Blossom Hill Road Suite 10  
San Jose, CA 95124



## CONTACT

(408) 620-1532

(408) 440-2867

info@painspineortho.com

Se habla español